

Rethink What You Drink

There are many different types of water – purified, distilled, filtered, spring, and tap water from the sink. Many of these waters are bottled. Some of the waters are better for you than others. Some believe that bottled water is better than tap water. They think bottled water has been cleaned better, protected in the bottle, and safer than tap water from the sink. They think bottle water is **uncontaminated**.

Bottled water may not be pure. Some bottled water has chemicals that are not good for your health in the long run. Look at the labels of your bottled water. Make sure it is full of natural minerals. Some bottles have even been removed from stores after people realized it was contaminated

Filtered tap water is just as safe as bottled water. A water filter at home helps make the water safe. Boiling water also makes water safe. Boiling removes **impurities** (unclean things). The best water to drink is clean, pure and full of natural **minerals**.

Line Set 1

Bottled water is the best water for you.
There are many different types of waters.

Line Set 2

Some water is better for you than others
The best water to drink is full of natural minerals.

Line Set 3

Some bottled water may not be clean.
Filtered tap water is just as safe as bottled water.

Line Set 4

There are many different types of waters.
Boil water to remove impurities.

Flint Water Crisis

Some people around the world do not get the chance to have **uncontaminated** water. Flint, Michigan has had poor water quality for 40 years. Its water source is the Flint river that has not been treated to make sure the water is clean. This is against the law. The water in Flint has waste, germs and **toxic** substances. It is 19 times more harmful or corrosive than water in Detroit.

There is lead in some water that gets into people's homes. People are using and drinking water that could harm their health. Water with lead cause problems in children's ability to think and hear. Lead can affect the heart, kidneys and nerves in adults. There are medicines that may lower the amount of lead in the body, but treatments have not been developed. It is important to have access to clean, **uncontaminated** water. This water is best for you.

Line Set 1

Some people have uncontaminated water.
Drinking clean, uncontaminated water is best for your health.

Line Set 2

Flint Michigan has had poor water for close to 40 years.
People are using and drinking water that could harm them.

Line Set 3

Flint water has lead.
Water with lead in it can cause health problems.

Line Set 4

Flint water is contaminated.
Water in Flint is 19 times more corrosive than water in Detroit